



“(Established by Government of Central Provinces Education Department by Notification No. 513 dated the 1st of August, 1923 & presently a State University governed by Maharashtra Universities Act, 1994.)”

**OFFICE OF THE DIRECTOR, STUDENTS' WELFARE DEPARTMENT**  
Chatrapati Shivaji Maharaj Main Administrative Premises,  
Building No. 2, Rabindranath Tagore Marg, Nagpur  
Phone No. 07122548584

DSW/NU/ 419

09/12/16

To,  
All the Principals  
All Affiliated & Conducted Colleges,  
Rashtrasant Tukadoji Maharaj Nagpur University,  
Nagpur

Subject- **Banning of Junk Food**

Respected Sir,

The UGC, vide its letter no. D.O. No. 14-24/2016 (CPP-II) dated 10th November, 2016 has instructed to ban Junk Food in Colleges. Banning of Junk Food will set new standards for healthy food and make the students live and learn better and reduce the obesity levels. Kindly ensure that no Junk Food is available in your college canteen.

You are requested to instruct the Students' Welfare Officer of your college to make sure that following instructions are implemented-

1. To organize Awareness Programmes to sensitize the students on ill effects of junk food.
2. To create a database on students' health which will include markers like Body Mass Index (BMI), percentage of body weight, waist hip ratio, etc. This will help in creating awareness among students towards their health.
3. To organize Orientation Programmes for Faculty, Staff and Students on Health issues.
4. To organize Counseling Sessions regarding proper nutrition, proper exercise and healthy habits.

Thanking you,

Yours Sincerely,

  
Dr. Neehal R. Sheikh

**Director**  
**Students Welfare Department**  
**Rashtrasant Tukadoji Mahara**  
**nagpur University, Nagpur**