



Department of Home Science

Rashtrasant Tukadoji Maharaj Nagpur University, Mahatma Jyotiba Phule Educational Campus, Amravati Road, Nagpur-440033 (Maharashtra)

Dr. Mrs. Kalpana S. Jadhav
M.Sc., M.Phil., Ph.D. (Food & Nutrition)
Professor & Head

Phone: 0712-2500370 (O)
9975572100 (M)
E-mail: kalpanajadhav7@gmail.com

We all know that Green leafy vegetables are healthy component of diets....

There is so much diversity in the types of green vegetables available in our country. Some indigenous green vegetables famously called as **“Raan Bhaji”** are commonly consumed in the rural areas. These vegetables are highly nutritious as well as they contain many therapeutic & medicinal properties. However, consumption of such vegetables is limited only to village population. To bring its importance among common people there is a need to organize nutrition education-cum-exhibitions to explore the nutritional facts about these precious vegetables.

.....And it is a great pleasure that, Post Graduate Teaching Department of Home Science, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur has taken this initiative to organize “Raan Bhaji Utsav” with the objective to raise the consciousness of the people to uphold and preserve our own food.....

Hon’ble Mayor Mrs. Nanda Jichkar is Chief Guest to Inaugurate “Raan Bhaji Utsav”.

The inaugural programme is on **19th July, 2017** at **11.30 am** at Post Graduate Teaching Department of Home Science, Rashtrasant Tukadoji Maharaj Nagpur University, Mahatma Jyotiba Phule Educational campus Amravati Road, Nagpur. **The exhibition will remain open for all till 4.00 pm.**

Vegetables contain an array of antioxidants and other disease-fighting compounds that are very difficult to get anywhere else...

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Our Mission..... Go Green, Eat Green

