

# क्षेत्रीय आयुर्वेदीय मातृ एवं शिशु स्वास्थ्य अनुसंधान संस्थान

## REGIONAL AYURVEDA RESEARCH INSTITUTE

### For MOTHER & CHILD HEALTH

(केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्, नई दिल्ली द्वारा संचालित  
आयुष मंत्रालय, भारत सरकार)

(Under Central Council for Research in Ayurvedic Science,  
Ministry of AYUSH, Govt. of India)

घरकुल परिसर के पास, एन.आय.टी. कॉम्प्लेक्स, नंदनवन, नागपूर-४४० ००६

Near Gharkul Parisar, N.I.T. Complex, Nandanvan, NAGPUR - 440009 (MS)



F. No. 2-13/2016-17/RARIMCH-NGP/ Ayurveda Day/Admn/1117

Dated: 13 OCT 2018

Shri. Siddharthavinayaka Padmakar Kane  
Vice-Chancellor Nagpur University  
Rashtrasant Tukadoji Maharaj Nagpur  
University Chhatrapati Shivaji Maharaj,  
Administrative Premises, Ravindranath Tagore  
Marg, Nagpur 440001

Sub: Huge Participation in "Health Run" – Ayurveda Daud Swasthya ki Aur on 4<sup>th</sup> November 2018 at Kasturchand Park-reg.

Sir,

Regional Ayurveda Research Institute for Mother and Child Health (RARIMCH), Nandanvan, Nagpur is functioning under Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of AYUSH, Govt. of India since 1972. The arena of RARIMCH, Nagpur Institute is Clinical Research in Mother and Child health care, various chronic debilitating diseases and promotion of Ayurveda.

As per the directives received from CCRAS, New Delhi, Ministry of AYUSH, Govt. of India regarding celebration of "3<sup>rd</sup> Ayurveda Day", a Public Marathon "Health Run" – Ayurveda Daud Swasthya ki Aur is being organized in Nagpur city on 4<sup>th</sup> November 2018 (Sunday) at "Kasturchand Park" for promoting health awareness through Ayurveda. This public event may serve as a huge public platform for promotion of healthy life style through Ayurveda and will help in reducing the National disease burden.

We all have the responsibility to build a healthy Nation by propogating healthy life style through our ancient system of medicine "Ayurveda-The Indian Heritage" for the betterment of our society. To render our responsibility for this Noble cause our huge participation is the need of the hour. Hence you are requested to encourage your family, officers, staff and trainees to participate in this event. Registration is free and the link is placed here for online registration, Free T-Shirt and health Kit will be provided to the first 5000 registered participants. You are requested to upload the details attached with this letter on your website and notice board for vide publicity and participation (Copy enclosed). Your huge participation will help in awareness generation about prevention of life style disorders and will be highly appreciated. <https://www.townscript.com/e/health-run-122013>

Thanking you,

Yours faithfully

Dr. R. Govind Reddy  
Research officer (Scientist-IV)-Incharge



## राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ

क्रमांक: रातुमनावि/सा.प्र. २९/२०१८

दिनांक: २९ ऑक्टोबर २०१८

प्रतिलिपी माहिती व पुढील कार्यवाहीस्तव अग्रेषित:-

१. विद्यापीठ शैक्षणिक विभागांचे सर्व विभाग प्रमुख,
२. विद्यापीठ संचालित व संलग्नित महाविद्यालयांचे सर्व प्राचार्य व संचालक
३. विद्यापीठातील सर्व वसतिगृहातील अधीक्षक

महोदय/महोदया,

आपणास विनंती करण्यात येते की, वरील पत्रानुसार आपण आपल्या स्तरावर कार्यवाही घ्यावी.

आपला

(प्रदीप बिनीवाले)

उपकुलसचिव (सा.प्र.)

अतिरिक्त प्रभार