

OFFICE OF THE DIRECTOR, STUDENTS' WELFARE DEPARTMENT
RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

"(Established by Government of Central Provinces Education Department by Notification No. 513 dated
The 1st of August, 1923 & presently a State University governed by Maharashtra Universities Act, 1994)"

Dr. Neehal R. Sheikh
Director, Students Welfare



Shrimant Purnachadra Buty
Sabhagrah, University Library
Premises, Ramdaspath,
Nagpur - 440 010.

Mob. No. : 9922299893

To,

All Principals

All conducted and affiliated colleges &

All Heads

All Post Graduate Teaching Departments

Rashtrasant Tukadoji Maharaj Nagpur University

Nagpur

5/5/16

Subject:- Yoga Day

Respected Sir,

A letter from the University Grants Commission regarding observance of International Yoga Day on 21st June, 2016 has been received. The International Yoga Day on 21st June, 2016 is to be observed in a befitting manner. Following activities should be organized on this day-

- A) *Yoga practitioners may give a demonstration to the faculty and students in the morning.*
- B) *A competition should be held amongst the students on practices of Yoga and the best Participants should be duly awarded with prizes and certificates.*
- C) *Films on Yoga be screened and Posters be put exhibiting Yoga posters to bring awareness among the students and faculty.*
- D) *Online Essay Competition on Yoga be organized and the best students be awarded with prizes and certificates.*
- E) *Promotional literature on Yoga and benefits of Yoga be distributed amongst the students and faculty.*

You are requested to organize the above given activities in your esteemed college.

Thanking you

Yours Sincerely,



Dr. Neehal R. Sheikh

Director

Students Welfare Dept.